## III.S. Orthotics

## Wrist Support Instructions

## THIS PRODUCT INTENDED FOR THE APPLICATION BY LICENSED HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER MEDICAL AUTHORITY. PROPER FIT AND APPLICATION OF THIS PRODUCT MUST BE PERFORMED BY A MEDICAL PROFESSIONAL. THESE DIRECTIONS ARE GUIDELINES ONLY AND ARE NOT OFFERED AS MEDICAL RECOMMENDATIONS.

## Applying wrist supports:

Slide support over hand onto wrist and insert thumb into thumbhole. Pull straps and fasten Velcro closures. If metal stays are present BE SURE they are shaped to the contours of your hand/wrist/forearm before wearing support.

To Remove: Unfasten the Velcro straps and slide off the arm. Re apply Velcro on flat support.

## Washing Instructions:

Before washing, remove plastic or metal stays, when applicable, and wipe clean with a cloth. Hand wash support in mild soapy cool water. Rinse thoroughly and drip dry on a flat surface. Do Not use solvents or chlorine bleach. Do Not put in the dryer. Do Not iron. Store support in a loose roll to prevent folds. Weight placed on the support may cause permanent folds.

Although materials in these supports are designed to minimize any discomfort, contact with the skin may cause irritation. Persons with broken skin or known susceptibility to dermatitis should avoid contact with this material. If a rash or skin irritation develops, discontinue use immediately and consult a physician. Support Should Not be worn while sleeping. Support Should Not be worn by persons with phlebitis or circulatory problems. Never wear support over an open wound.

This device is intended for use in medical treatment and not to be worn as a protective device during sports activity.

## Notice

While every effort has been made to obtain maximum compatibility of function, strength, durability and comfort, this device is only one element in the overall treatment program administered by a medical professional. U.S. Orthotics disclaims any warranty, expressed or implied, that these products prevent injuries.

