



HEATING INSTRUCTIONS
FOR KYDEX THERMO-PLASTIC BACK SUPPORT INSERTS

THIS PRODUCT INTENDED FOR THE APPLICATION BY LICENSED HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER MEDICAL AUTHORITY. PROPER FIT AND APPLICATION OF THIS PRODUCT MUST BE PERFORMED BY A MEDICAL PROFESSIONAL. THESE DIRECTIONS ARE GUIDELINES ONLY AND ARE NOT OFFERED AS MEDICAL RECOMMENDATIONS.

1. Remove insert from bag.
2. Heat the insert at 160° for approximately 2 minutes in an oven until insert is softened to a moldable consistency. Heating times may vary depending on equipment and temperature variances.
3. Remove the insert from heat source.
4. Then slip pliable warm insert into pocket of support, foam side towards patient. Assist patient in applying the support.
5. Press and form the insert against the sacral area of the patient until insert becomes cool and ridged. Approximately 2 minutes.

CAUTION: Use protective gloves to guard against heat. Take added measures to not apply an overheated plastic insert against the patient's body. Apply support over patient's clothing and or over a thick cotton towel draped over patient's body.

Note

This device not intended for unsupervised public use. Discontinue use at once if any sign of dermatitis or other skin problems occur. If discomfort occurs while wearing support, discontinue use and contact your orthotist. Always consult with a qualified Health Care Practitioner before making any changes in your support. If a rash or skin irritation develops immediately consult your health care practitioner. Support should not be worn while sleeping. Support should not be worn by persons with phlebitis or circulatory problems. Never wear support over an open wound.

Notice

While every effort has been made to obtain maximum compatibility of function, strength, durability and comfort, this device is only one element in the overall treatment program administered by a medical professional. U.S. Orthotics disclaims any warranty, expressed or implied, that these products prevent injuries.

