



## Elbow Immobilizer - Instructions

*Please read carefully.*

**THIS PRODUCT IS INTENDED FOR APPLICATION BY LICENSED HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER MEDICAL AUTHORITY. PROPER FIT AND APPLICATION OF THIS PRODUCT MUST BE PERFORMED BY A MEDICAL PROFESSIONAL. THESE DIRECTIONS ARE GUIDELINES ONLY AND ARE NOT OFFERED AS MEDICAL RECOMMENDATIONS.**

*Your orthosis original fitting must be done by a qualified health care practitioner.  
The orthosis should already be adjusted to fit your body.*

### **Applying Elbow Immobilizer:**

Contour metal stay to desired position. Loosely close Velcro straps around immobilizer to create wide tube. Pull up arm. Place webbing encased stay on anterior of arm to restrict arm contractur. Tighten straps around fore arm and bicep one at a time, until secure fit is attained.

### **Washing Instructions:**

Hand wash support in mild soapy cool water. Rinse thoroughly and Drip Dry on flat surface. **Do Not** use solvents or chlorine bleach. **Do Not** put in the dryer. **Do Not** iron.

### **Note:**

Always consult with a Health Care Practitioner before making any changes in your support.

*Discontinue use at once if any sign of dermatitis or other problem occurs. If discomfort occurs while wearing support, discontinue use at once and contact fitter or physician. Discontinue use at once if signs of prolonged wear affect usefulness of support. Contact fitter or physician with any questions about proper care or use. This item is intended for use in medical treatment, and not to be worn as a protective device during sports activity. **Support Should Not** be worn while sleeping. **Support Should Not** be worn by persons with phlebitis or circulatory problems. **Never** wear support over an open wound.*

