

Patient Knee Support Care Instructions

WITH CONDYLE PADS

APPLYING THE SUPPORT

Grip the top of the support (the larger opening) and pull on. Webbing loops are provided for ease of use. Some Velcro closure models involve simple wrap-around application. Once the support is in place adjust the straps. If metal hinges are present be sure they are shaped to the contours of your body before wearing support.

TO REMOVE

Unfasten the straps and apply pressure downward with both hands on both sides of the brace. Loops are provided for ease of use. For wrap-around models, simply unwrap and reapply Velcro to flat support.

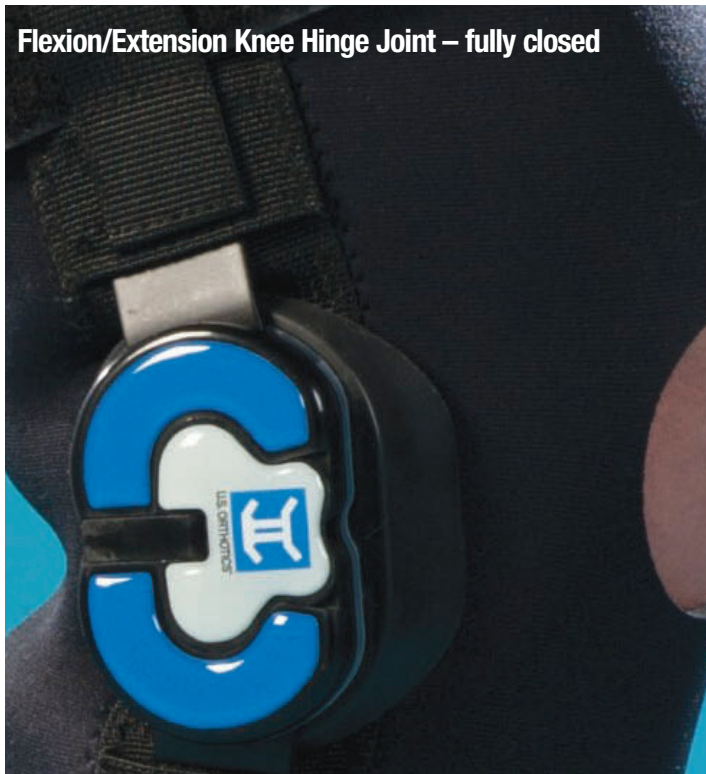
WASHING INSTRUCTIONS

Hand wash support in mild soapy cool water. Rinse thoroughly and pat dry or drip dry on a flat surface. Wipe metal hinges with a clean cloth. Do not put in washing machine. Do not use solvents or chlorine bleach. Do not put in the dryer. Do not iron.



ALTO™ Knee Orthosis Multi-Position Hinges ORTHOTIST FITTING GUIDE

Flexion/Extension Knee Hinge Joint – fully closed



STORAGE INSTRUCTIONS

Store support in a loose roll to prevent folds. Weight placed on the support may cause permanent folds.

CAUTION

Although double nylon facing is designed to minimize any discomfort, contact with the skin may cause irritation. Persons with broken skin or known susceptibility to dermatitis should avoid contact with this material. If a rash or skin irritation develops, discontinue use immediately and consult a physician. Do not wear while sleeping. Do not wear if you have phlebitis or circulatory problems. Never wear support over an open wound.

THIS PRODUCT IS INTENDED FOR APPLICATION BY LICENSED HEALTH CARE PRACTITIONERS AS DIRECTED BY A PHYSICIAN OR OTHER MEDICAL AUTHORITY. PROPER FIT AND APPLICATION OF THIS PRODUCT MUST BE PERFORMED BY A MEDICAL PROFESSIONAL. THESE DIRECTIONS ARE GUIDELINES ONLY AND ARE NOT OFFERED AS MEDICAL RECOMMENDATIONS.

Notice: While every effort has been made to obtain maximum compatibility of function, strength, durability and comfort, this device is only one element in the overall treatment program administered by a medical professional. U.S. Orthotics disclaims any warranty, expressed or implied, that these products prevent injuries.

Adjustable Flexion / Extension hinge joint with dial-in pin stops at 0° – 15° – 30° – 60° – 90° to Full ROM

To expose and set pins for adjustable flexion/extension:

1. Pull hinge latch up on posterior of hinge
2. Slide both crescent covers outward/upward
3. Adjust ROM pins – close crescent covers

